Level 5 Actions



Level 5



Put both hands calmly to your chest.



Make a circle with the fingers of each hand and place them together to sign



knot of a tie and put it on your chest.





Flutter your hand like a Hold both your hands flat leaf blowing around on in front of you and pretend to blow out the candles on a cake.



Slide your arm down and across in front of



Touch a bone in your forearm.



Make a cube with your hands.



with both hands.



Pretend to hold onto a trapeze bar above your head.



Point to your mouth.



Pretend one clenched fist Make a set of balance your other hand.



is an acorn and cup it in scales with your arms and pivot your elbows up and down until they are equal.



Show your teeth and claws like a lion.



Stack your hands in turn one above the other, to build a tall hotel.



Place your hands together like a unicorn horn on your forehead.



Pretend to hold a chef's bowl in one hand and mix it with a spoon in the flashing on a Christmas other.



Open and close each hand in turn, like lights



Place one fist on top of the other, to sign 'q' for girl.



Hold your hands and upper body very still in a statue pose.



Hold one hand flat like Move your hands in a paper as you pretend to sunny arc above your slide a glue stick along it head and wriggle your in the other.



fingers like sunbeams.



forth in a sawing motion. hands downwards like



Move your hand back and Flutter both of your two falling leaves in autumn.



wide open.



Pretend to pull a window Point to your big toe (can be through your shoes).



Pretend to hold a steering wheel and drive a car.



Pretend to make tall buildings with your forearms.



Point to a gem on top of your ring.



Make a leaping dolphin with your forearm.



Pretend to slice a loaf of bread.



both arms in front of you. your head with your



Make a shield by crossing Make a witch's hat on hands.



Point to your bare foot (can be through your shoes).



Pretend to hold and bite into a pear.



Pretend to bite into an apple core made with your finger.



Pretend to screw your finger into your other hand.



Pretend one hand is a bowl of stew and scoop some out, using the other hand as a spoon.

